



DC ENDS HIV

DC HEALTH

Alan Johnson: EHE Coordinator
Leah Varga, PhD: HIV Services Planner

90/90/90/50 Goal Status

	2015	2016	2017	2018	2019	2020 Goal
Goal #1: 90% of HIV-positive District residents know their status	86%	86%	87%	88%	90%	90%
Goal #2: 90% of District residents living with HIV are in treatment	73%	76%	77%	77%	80%	90%
Goal #3: 90% of District residents living with HIV in treatment reach viral suppression	78%	82%	84%	85%	87%	90%
Goal # 4: 50% reduction in new HIV diagnoses	399	379	371	335	282	196

Ending the HIV Epidemic: A Plan for America



DC HEALTH GOVERNMENT OF THE DISTRICT OF COLUMBIA MURIEL BOWSER, MAYOR

National Focus

- Ending the HIV Epidemic Initiative
 - CDC PS19-1906 – Update 90/90/90/50 Plan 2.0
 - DC CFAR NIH Supplements
 - City-wide PrEP Scale-Up
 - Rapid ART Expansion
 - HIV Surveillance Cluster Response (Community-Based Participatory Research)
 - HRSA-20-078 – Treat/Respond Implementation
 - CDC PS20-2010 – Implementation (4 domains)
- Regional
 - Maryland and Virginia Health Departments
 - Montgomery County
 - Prince George’s County

Ending
the
HIV
Epidemic

DC HEALTH GOVERNMENT OF THE DISTRICT OF COLUMBIA

Vision/Mission

Vision

The epidemic has ended for all communities, resources are equitably available, and optimal health outcomes are attainable for everyone in the District of Columbia.

Mission

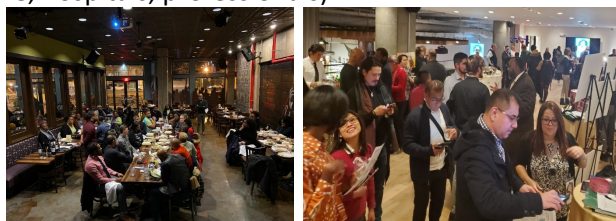
By providing prevention and treatment services that are safe to access, supported by the latest scientific evidence, and responsive to the wellness and needs of communities and individuals, we will end the HIV epidemic when:

- *We have fewer than 130 new cases of HIV per year,*
- *People living with HIV can easily and safely maintain optimal integrated health and;*
- *We collectively acknowledge and aspire to address the impact of stigma and structural racism on sexual health and HIV outcomes.*



Community Engagement

- Leverage Existing Planning and Community Coalitions
- Leverage Community Partners
 - HIV service providers
 - Health care sector associations (primary care, hospitals, professionals)
 - Academic/Research institutions
 - DC Center for AIDS Research
 - Foundation/Grantmaking associations
 - Washington AIDS Partnership
 - Civic stakeholders
 - DC Appleseed
- Methods
 - Venues: community providers, non-traditional locations, health department
 - COVID-19: Virtual platforms
 - Surveys



Focus Populations: *so far...*



In-Person Sessions	Virtual Sessions
African-American women	Mental Health providers
Young African-American gay men	People living with HIV
Transgender individuals	Senior services providers
Latino/a/x	Latino/a/x providers
Frontline staff	Re-entry service providers
Returning citizens	All HAHSTA-staff (breakout sessions)
CFAR/Scientific Working Group	Researchers
Faith-based	Youth
COHAH	Latino gay men
Ryan White funded providers	Wellness providers
African-American men	Substance use providers
People who use drugs	Housing service providers
Regional Group (people living with HIV)	



Goals



- By 2030, Washington DC will become a city where fewer than 130 new HIV infections occur annually
 - ≈200 new diagnoses by 2025
 - 130 new diagnoses by 2030
- *Goal in progress: Supporting People living with HIV*
 - *People living with HIV can easily and safely maintain ongoing care and quality of life*



Ending the HIV Epidemic: a Plan for DC

The Four Pillars + 1



- Diagnose: *HIV Testing*
- Treat: *Rapid ART, U=U*
- Prevent: *PrEP, PEP, Harm Reduction, U=U*
- Respond: *Accelerated Response, Data to Action*
- Engage: *Commitment, Wellness, Stigma, Equity*



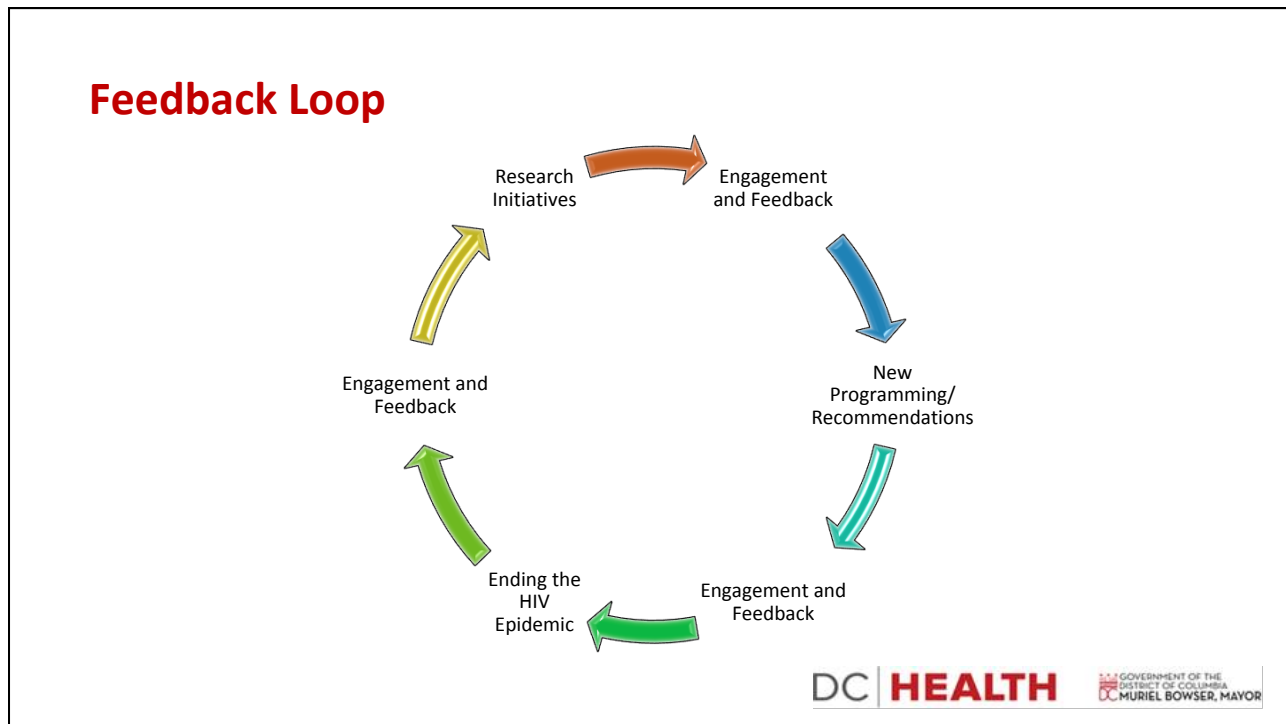
DC Ending the HIV Epidemic Plan

3 "Products"



- DC Ends HIV Plan
 - Web Platform
 - Vision/Mission
 - Overall goal: ≈ 100 dx
 - Outcomes
 - Key strategies
 - Indicators
 - Community engagement
 - Modeling
- CDC 1906 Report
 - Written
 - Epi Profile
 - Situational analysis
 - Community process
 - Key activities by pillar
 - Goals/Outcomes
 - Monitoring
 - Workforce
 - Funding
- EHE Dashboard
 - Web Platform
 - CUNY/Inter-CFAR
 - Goals
 - Indicators
 - Interactive (social media)





Wellness Support Services

Community Engagement

- Stress
 - Life and work balance
 - Generational trauma
 - “Super Woman Syndrome”
- Being Connected
 - Finding partners
 - Communal spaces
 - Peer/support groups
- Resiliency



dcendshiv.org

DC | **HEALTH**
GOVERNMENT OF THE DISTRICT OF COLUMBIA

Evidence Based

- Physical and Emotional trauma
- Psychological Distress
- Pain Management
- Sleep
- Health Related Quality of Life
- Body strength
- Discomfort
- Disease Progression
- Immune functioning
- Blood Pressure



dcendshiv.org

DC | **HEALTH**
GOVERNMENT OF THE DISTRICT OF COLUMBIA

Wellness Support Services Standard

- Wellness Coaching (health, life, body/mind)
- Movement Practices
- Breath Practices
- Energy Medicine/Acupuncture
- Bodywork/Relaxation
- Wellness Group Sessions (Empowerment, Resilience, Wholeness, Spirituality)



dcendshiv.org

DC | **HEALTH**
GOVERNMENT OF THE DISTRICT OF COLUMBIA

Dr. Ron Simmons Wellness Initiative

A celebration of his tireless dedication and focus on the wellness of people impacted by HIV



Acknowledgements

Special thanks to all those who shared their time, thoughts, and stories as part of Community Engagement

Adam Allston
Clover Barnes
Baron Bell
Jason Beverley
Lamont Clark
Ashley Coleman
Suparna Das
Rupali Doshi
George Fistonich
Anthony Fox
Jonjelyn Gamble
Alan Johnson
Michael Kharfen
Rosa Martinez
Ka'leef Stanton Morse
Jenevieve Opoku
Ken Pettigrew
Nestor Rocha
Hannah Sheehy
Camilla Stanley
Chantil Thomas
Kenya Troutman
Leah Varga
Adam Visconti
Ashlee Wimberly

For more information:

<https://www.dccendshiv.org/>

Alan Johnson

alan.johnson1@dc.gov

Leah Varga

leah.varga@dc.gov

