

HIV/AIDS, Hepatitis, STI, TB Administration

Substance Use(Abuse) Outpatient Care

The purpose of these service standards is to outline the elements and expectations all Ryan White service providers are to follow when implementing a specific service category. Service Standards define the minimal acceptable levels of quality in service delivery and to ensure that a uniformity of service exists in the Washington, DC Eligible Metropolitan Area (EMA) such that customers of this service category receive the same quality of service regardless of where or by whom the service is provided. Service Standards are essential in defining and ensuring that consistent quality care is offered to all customers and will be used as contract requirements, in program monitoring, and in quality management.

I. SERVICE CATEGORY DEFINITION

Substance Use - Outpatient

Provision of medical and/or counseling services to address substance abuse issues (including the abuse of alcohol, and/or legal and illegal drugs/substances) in an outpatient setting; these services are to be rendered by licensed professional as specified by the licensing/regulatory body in the jurisdiction in which the services are provided.

Substance Abuse Outpatient Care is the provision of outpatient services for the treatment of drug or alcohol use disorders. Activities under Substance Abuse Outpatient Care service category include:

- Screening
- Assessment
- Diagnosis, and/or
- Treatment of substance use disorder, including:
- Pretreatment/recovery readiness programs
- Harm reduction
- Behavioral health counseling associated with substance use disorder
- Outpatient drug-free treatment and counseling
- Medication assisted therapy
- Neuro-psychiatric pharmaceuticals
- Relapse prevention

II. INTAKE, ELIGIBILITY & ANNUAL RECERTIFICATION REQUIREMENTS

The Ryan White HIV/AIDS Program has the following eligibility criteria: residency, financial, and medical. HRSA requires Ryan White customers to maintain proof of eligibility annually, with recertification every six months. Supporting documentation is required to demonstrate customer eligibility for Ryan White Services.

A. INITIAL ELIGIBILITY DETERMINATION

- 1. **HIV-positive status:** written documentation from a medical provider or laboratory reports denoting viral load.
- 2. **Residency:** The following are acceptable methods of meeting the burden for residency:
 - Current lease or mortgage statement
 - Deed settlement agreement
 - Current driver's license
 - Current voter registration card
 - Current notice of decision from Medicaid
 - Fuel/utility bill (past 90 days)
 - Property tax bill or statement (past 60 days)
 - Rent receipt (past 90 days)
 - Pay stubs or bank statement with the name and address of the applicant (past 30 days)
 - Letter from another government agency addressed to applicant
 - Active (unexpired) homeowner's or renter's insurance policy
 - DC Healthcare Alliance Proof of DC Residency form
 - If homeless, a written statement from case manager, facility or a letter from landlord that customer is a resident
- 3. **Income:** Customer income may not exceed 500% of the Federal Poverty Level (FPL). Income sources should be reported by the applicant and any household members for whom applicants have legal responsibility. For each income source the applicant must indicate the gross amount, how often the income is received, and whether it is your income or a household member's from each source.

The following are acceptable forms of proof of income:

- Pay stubs for the past 30 days. The pay stub must show the year to date earnings, hours worked, all deductions, and the dates covered by the paystub
- A letter from the employer showing gross pay for the past 30 days, along with a copy of the most recent income tax return
- Business records for 3 months prior to application, indicating type of business, gross income, net income, and most recent year's individual income tax return. A statement from the applicant projecting current annual income must be included
- Copy of the tenant's lease showing customer as the landlord and a copy of their most recent income tax return
- SSD/SSI award letters, unemployment checks, social security checks, pension checks, etc. from the past 30 days
- Zero income attestation form and/or a letter from a supporting friend or family member stating how they support the applicant

B. INTAKE

To establish a care relationship, the customer intake must include the collection of the following demographic information:

- 1. Date of intake
- 2. Name and signature of person completing intake
- 3. Customer name, address and phone number
- 4. Referral source, if appropriate
- 5. Language(s) spoken and/or preferred language of communication
- 6. Literacy level (customer self-report)
- 7. Emergency contact information
- 8. Communication method to be used for follow-up
- 9. Demographics (sex at birth/current gender/date of birth/race/ethnic origin)
- 10. Veteran status
- 11. Any other data required for the CareWare system
- 12. Any other service-specific data
- 13. Documented explanation about the services available within the provider agency and within the Ryan White Program

C. MAINTENANCE OF ELIGIBILITY

To maintain eligibility for Ryan White services, providers must conduct annual eligibility confirmations to assess if the customer's income and/or residency status has changed. RWHAP providers are permitted to accept a customer's self-attestation of "no change" when confirming eligibility, however, self-attestation could be used every other annual confirmation and not be used in two consecutive years.

III. KEY SERVICE COMPONENTS & ACTIVITIES

INTAKE/S	CREENING
Standard	Measure
Intake must be performed within <u>3 business days</u> of the applicant's first contact with the substance abuse agency and must be completed within <u>5 business days</u> of scheduled intake. Intakes for patients who are currently hospitalized, homebound or incarcerated may take more than 3 business days to initiate and more than 5 business days to complete.	Date of initial referral or contact and date of intake correspond to time frame.
Patients referred/requesting substance abuse services are seen at the substance abuse agency to initiate substance abuse services unless they are currently hospitalized, homebound or incarcerated (Pre-release within 6 months).	If the intake is conducted outside of the substance abuse agency the reason must be noted in the progress notes in the patient's record.
All required eligibility and patient identifying	Intake documentation includes at a minimum:
information must be documented on the approved agency intake form. Copies of documents that verify eligibility should be dated and filed in the patient's record. If the applicant is eligible and chooses to receive services from the agency, staff will review and provide the patient and their legal representative, if applicable, with all four of the required standard forms, starting with a consent form. The initial intake form and the other standard forms, with the exception of the grievance procedures, must be kept in the patient's record permanently. Per eCFR Title 42 §2.22, all agencies must have written policies which regulate and control access to and use of written Substance Abuse records. In addition, all agencies must have patients sign a consent form that specifically mentions confidentiality of alcohol and substance abuse patient records. Patients must be provided a written summary of the Federal law and regulations included in eCFR Title 42 §2.22.	 Date of initial referral or contact/screening, including who made referral Date of intake Contact and identifying information (name, home address (mailing address if different), home phone, alternate contact phone numbers, birth date, Social Security number) Copy of proof of residence within jurisdiction Gender identity and race/ethnicity Sexual orientation and gender expression Language spoken and read Preferred method of communication to ensure confidentiality Emergency contacts Copy of documents verifying Health Insurance (if applicable) and Income status/Federal Poverty Level (FPL) % Presenting problem(s) Date and place of initial HIV positive diagnosis Written documentation of HIV diagnosis Current CD4 and or Viral load Current HIV medications and/or any medications HIV Status, if CDC-defined AIDS diagnosis, the

	provided at intake. A temporary patient record will be established for
	record demonstrating all the contacts and activities that happened in regards to the patient and resources
	Documentation in the progress notes in the patient's
	password protected or on a secure server.
	locked file or room. Electronic records must be
	appropriate personnel. Paper charts must be kept in a
	(paper or electronic) and secured to protect the patient's confidentiality with access limited to
	A single record will be maintained on the patient
	expedite enrollment in substance abuse services.
	can be submitted by the medical case manager to
	medical case manager must appear on the ROI. All above information and accompanying documentation
the applicant to a more appropriate agency.	already enrolled in medical case management, the
assistance through the resources of the agency or link	information is to be received/provided. If the patient is
substance abuse counselor will provide immediate	months and specify who, what, why and where
If the applicant has a non-emergency crisis, the	All signed and dated ROI forms expire within 12
with the agency.	The grievance form must have been signed and dated within the past 12 months.
throughout the duration of the patient's involvement	The gripuppe form must have been signed and dated
A patient record will be initiated and maintained	Practice).
	grievance and 4) confidentiality/Privacy
	all four required standard forms (1) consent, 2) patient bill of rights and responsibilities, 3)
	or their legal representative received copies of
	22. Signed and dated statements that the patient
	21. Housing status
Appropriate signed ROI forms are obtained ¹ .	 Referral Source Immediate health care need(s)
Annual POL former and alteria dl	providers are aware of patient's HIV status)
review, signature and date.	and social service providers (Note, only if
patient or their legal representative annually for	health care including community pharmacy

The substance abuse counselor must perform an <u>assessment</u> on every patient at the initiation of services.	
Standard	Measure
An assessment will occur prior to the initiation of any	The patient's chart will include an initial assessment
formal treatment to determine the need for substance	completed within 10 business days of completing the
abuse services and if so, the level of care based on the	intake. Prior assessments of patients who are being

¹ ROI forms must be specific, including identifying what information is to be released; name and address of releasing party; to whom the information is being sent; expiration date and signed by the patient/legal guardian and agency staff. ROI forms can not exceed one year.

SERVICE STANDARDS FOR SUBSTANCE USE SERVICES, HAHSTA/DC HEALTH

Levels of Care. The assessment tool used must be in compliance with the jurisdiction's regulations. Tools such as the Addiction Severity Index (ASI) are increasingly being used at many treatment centers.

The assessments shall be conducted by a substance abuse counselor.

Patients who are assessed to need Level I or Level II, with the exception of partial hospitalization and meet all Ryan White eligibility requirements are candidates for Substance Abuse – Outpatient services. The DSM-V will be determined and documented in the patient's chart at time of admission and at time of discharge.

Agencies can choose to use additional diagnostic, comprehensive and/or brief assessment tools such as the Structured Clinical Interview (SCI), Diagnostic Interview Schedule (DIS), Beck Depression Inventory (BDI), Michigan Alcoholism Screening Test (MAST), Senior Michigan Alcoholism Screening Test (S-MAST), Drug Addiction Severity Test (DAST) and/or the Cut Down, Annoyed, Guilty, Eye-Opener (CAGE), Alcohol Use Disorders ID Test (AUDIT), Client Diagnostic Questionnaire (CDQ) to better assess the patient's individual needs and situation. readmitted or admitted from another program within 20 business days of discharge can be updated. The initial assessment must be maintained in the chart indefinitely.

The assessment shall assess the following areas:

- 1. Substance Abuse History;
- 2. Physical health, including co-occurring disorders and eating behaviors, etc.;
- 3. Treatment history, including medications;
- 4. History of trauma;
- 5. Current Mental Health issues;
- 6. Psychiatric history;
- 7. Functional limitations;
- 8. Sexual behavior;
- 9. Legal involvement;
- 10. Family and social history;
- 11. Employment or financial support;
- 12. Education and
- 13. Strengths and barriers to care.

If the patient is already enrolled in Medical Case Management, the medical case manager must appear on the ROI. All above information and accompanying documentation can be submitted by the medical case manager to expedite enrollment in Substance Abuse Services.

The Substance Abuse supervisor must review, approve and sign assessments completed by non-licensed Substance Abuse staff.

A completed ASI or an equivalent assessment tool accepted by DOH/HAHSTA with the date and name of the staff administering the tool must be filed in all adult patients' charts (≥ 18 years of age).

A completed Substance Abuse Subtle Screening Inventory (SASSI) or an equivalent tool accepted by DOH/HAHSTA with the date and name of the Substance Abuse staff administering the tool must be filed in all adolescent (12-17 years of age) patients' charts.

The disorders will be classified according to DSM-V, determined and documented in the patient's chart at time of admission and at time of discharge.

In addition, any screening tool identified by	If the patient is seeking treatment for narcotic abuse,
SAMHSA's Treatment Improvement Protocol	documentation in their chart of the following
manual may be used.	screenings must be included:
	1. Drug screening test or analysis and
	2. Urine screening if suspected/known cocaine
	use.
	Copies of any additional assessments completed to
	assess the patient must be in the patient's chart. All
	assessments must be signed and dated by the clinical
	staff administering the tool.
Treatment Plan:	

The Substance Abuse Counselor must develop a <u>Treatment Plan</u> with the participation of the patient.

The treatment plan must be updated/redeveloped as required by local jurisdictional regulations. The substance abuse counselor is responsible for coordinating a face-to-face/virtual meeting with the patient and their legal representative, if applicable, to update/redevelop the treatment plan.

Level of Care Definitions:

- Level I: Outpatient treatment: An organized nonresidential treatment service or an office practice with designated addiction professionals and clinicians providing professionally directed Alcohol and other drug (AOD) treatment. This treatment occurs in regularly scheduled sessions usually totaling fewer than 9 contact hours per week. Examples include a weekly group counseling session, or twice weekly individual therapy, weekly group therapy, or a combination of the two in association with participation in self-help groups. Substance Abuse counselors serving Level I adult patients should see 30-40 patients per week, depending on the jurisdiction's requirements. For children and adolescents, the ratio may not exceed 25 patients per week.
- Level II.1: Intensive outpatient treatment Planned and organized services in which addiction
 professionals and clinicians provide several AOD treatment service components to patients. Treatment
 consists of regularly scheduled sessions within a structured program, with a minimum of 9-20 treatment
 hours a week for adults and 6-20 hours weekly for adolescents. Examples include at least one weekly
 group counseling sessions and at least bi-weekly individual sessions. Substance Abuse counselors serving
 Level II.1 adult patients should see 15-20 adult patients per week, depending on the jurisdiction's
 requirements. For children and adolescents, the ratio may not exceed 15 patients per week.
- Mixed Levels: Substance Abuse counselors and their clinical supervisors should use their judgment based on the precise mix of their cases at the time. No substance abuse counselor should have fewer than 15 adult patients or more than 40 adult patients per week. For children and adolescents, the ratio may not be under 15 patients per week and may not exceed 25 patients per week.

Standard	Measure
 A treatment plan is developed collaboratively with the patient within 10 business days of completing the initial assessment and: A description of the patient's current medical and psychological conditions and current services received; Identification of needs and barriers; 	The initial treatment plan must be maintained in the patient record indefinitely and demonstrate the following: 1. Plan was based on initial assessment

 resolve each need or barrier; Defined activities/services and time frames to initiate and reach each objective. Documentation of who will provide the service; Identify resources for after hours crisis or other emergencies and Treatment plan is updated/redeveloped as required by local jurisdictions' regulations. A copy of the treatment plan must be offered to the patient and their legal representative or members of the patient's health care interdisciplinary team, if applicable. With permission from the patient or their legal representative, if applicable, a copy of the treatment plan will be shared with other interdisciplinary team members from outside of the substance abuse agency. With permission of the substance abuse agency. With permission from the patient or their legal representative, if applicable, a copy of the treatment plan will be shared with other interdisciplinary team members from outside of the substance abuse agency. Mith certious Disease Education; Target dates for completion of treatment goa and objectives; Schedules for Clinical services, including individual, group, and if appropriate family counseling; 		
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SERVICE STANDARDS FOR SUBSTANCE USE SERVICES. HAHSTA/DC HEALTH		

Treatment is guided by the individual's treatment plan	Documentation the treatment plan was initiated within
and the jurisdiction's requirements.	the timeframe required by the local jurisdiction's regulations
Each jurisdiction's regulatory body specifies the	
frequency for patient contact.	Documentation that Infectious Disease Education was
	provided to all new patients within the time specified
As part of all new patients' treatment, education on	by the jurisdiction's regulatory body. The education
infectious diseases and a risk assessment for infectious	must include the following topics:
diseases are required.	1. Human Immunodeficiency Virus (HIV),
	including self-monitoring of symptoms;
Other patients who engage in risky substance using	2. Hepatitis;
behavior will need to be reassessed, as needed.	3. Sexually Transmitted Diseases (STD);
	4. Tuberculosis.
All face-to-face or virtual encounters must be	
documented in the patient record.	Documentation that all new patients received:
	1. Risk assessment for infectious diseases;
If the patient is being treated for narcotic abuse,	2. Risk reduction education and if appropriate;
screenings must be done twice per week.	3. Referral for counseling and testing.
	Documentation that all patients identified to be
	engaging in risky substance using behavior received:
	1. Risk assessment for infectious diseases;
	2. Risk reduction education and if appropriate;
	3. Referral for counseling and testing.
	Documentation of progress notes and contacts
	(phone/in-person) in the patient's chart for each face-
	to-face/virtual encounter, based on the frequency
	required by the local jurisdiction's regulations.
	If the patient is being treated for narcotic abuse,
	documentation of the following screenings must be
	included in the patient's record:
	 Drug screening test or analysis and
	 If suspected/known cocaine use – urine
	screens, two times per week.
Standard	RRALS Measure
Standard	ivieasure
Referrals can happen at any stage of engagement	Based on documentation of the patient's needs, copies
(intake, assessment, treatment, and/or discharge).	of appropriate referrals and linkages to care are filed in
Referrals can include but are not limited to the	the patient's chart.
following services:	
A. Ambulatory/Outpatient Health (Medical Care);	Referral documentation must include the:
B. Medical Case Management, and/or stand-	1. Reason for referral;
alone Treatment Adherence;	Patient's contact information;

Standard	weasure
Referrals can happen at any stage of engagement (intake, assessment, treatment, and/or discharge). Referrals can include but are not limited to the following services:	Based on documentation of the patient's needs, copies of appropriate referrals and linkages to care are filed in the patient's chart.
 A. Ambulatory/Outpatient Health (Medical Care); B. Medical Case Management, and/or standalone Treatment Adherence; C. Mental Health; D. Other Substance Abuse Treatment programs; E. Oral Health Care; 	 Referral documentation must include the: 1. Reason for referral; 2. Patient's contact information; 3. Substance Abuse counselor's contact information;

REASSESSEMENT	

Standard	Measure
Patients shall be reassessed on an ongoing basis to measure their progress on treatment plan goals, review the appropriateness of treatment interventions, update the treatment plan and determine if there is a need for relapse prevention.	An update of the assessment must be completed and filed in the patient's chart as required by local jurisdictions" regulations. A new or updated treatment plan must accompany the reassessment in the patient record.
Monitor progress made, especially changes in drug use whether up or down or new drug introduced.	Add an updated treatment plan with interventions to address new drugs of choice.
Ensure that the patient is engaged in primary medical care and, if necessary, medical case management.	If the patient does not have an HIV Medical care doctor or a case manager, there is documentation in their chart of the referrals and follow-up for these services.

Share all information regarding the reassessment and updated/redeveloped treatment plan with members of the patient's health care interdisciplinary team.	
Each jurisdiction's regulatory body specifies the frequency for treatment plan updates.	

TRANSITION & DISCHARGE

The substance abuse counselor must <u>discharge</u> a patient from substance abuse services when they no longer actively receive substance abuse services and <u>close</u> their case if they no longer actively receive any other services from the agency in 12 months.

Standard	Measure
A patient maybe discharged from a substance abuse program for a variety of reasons, including:	 A discharge summary must be filed in all discharged patient's charts. The discharge summary must include at a minimum the following: Patient's name; Reason for admission for services; Reason for discharge; Summary of the treatment provided, including frequency and duration; Progress in meeting treatment goals; Diagnosis and prognosis at time of discharge, including DSM-V; Current medications, if applicable; Continued service recommendations; Signature of substance abuse counselor; Signature of patient/guardian, if available; Referrals as needed and
Patients who are involuntarily discharged must be reminded that they have the right to file a grievance if they disagree with the decision.	The discharge summary for patients who are being transferred must also include contact information for the patient and both service agencies.
An Unusual Incident Report must be completed and submitted to the jurisdiction's RWPA Administrative Agency on every patient that is discharged due to death of the patient.	If a patient was involuntarily discharged, there shall be documentation in their chart that the staff reviewed the agency's grievance policy with them. Patients who exercise their right to file a grievance should have copies of all the grievance documents filed in their chart.

Agencies can choose to use additional diagnostic, comprehensive and/or brief assessment tools such as the Structured Clinical Interview (SCI), Diagnostic Interview Schedule (DIS), Beck Depression Inventory (BDI), Michigan Alcoholism Screening Test (MAST), Senior Michigan Alcoholism Screening Test (S-MAST), Drug Addiction Severity Test (DAST) and/or the Cut Down, Annoyed, Guilty, Eye-Opener (CAGE), Alcohol Use Disorders ID Test (AUDIT), Client Diagnostic Questionnaire (CDQ) to better assess the patient's progress in treatment. In addition, any screening identified by SAMHSA's <u>Treatment Improvement</u> Protocol manual may be used.	A copy of the Unusual Incident Report must be placed in the patient's chart. The charts of all discharged patients must be maintained in a secure room, locked file cabinet, safe or other similar container at the agency designated for "inactive" charts for a time specified by HRSA or local jurisdictions' regulatory bodies. **Per eCFR Title 42 §2.22, all agencies must have written policies which regulate and control access to and use of written Substance Abuse records.
	**The Substance Abuse staff must adhere to CFR Title 42 Chapter 1A Part 2 <i>Confidentiality of Alcohol and</i> <i>Substance Abuse Patient Records</i> and the agency must adhere to the <i>Health Information Portability</i> <i>Accountability Act of 1996</i> (HIPAA).

CASE CLOSURE	
Standard	Measure
 Can no longer be located Withdraws from or refuses funded services, reports that services are no longer needed, or no longer participates in the individual service plan Exhibits pattern of abuse as defined by agency's policy 	

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IV. PERSONNEL QUALIFICATIONS

- Each jurisdiction within the EMA must adhere to their regulatory body's requirements. Substance Abuse Counselors must be able to work effectively with their patients with regard to their substance abuse issues in addition to facilitating access to other needed services. The ability to accomplish these objectives requires specific skills that can best be acquired through education and previous work experience. The preferred qualifications are as follows:
 - <u>Substance Abuse Counselors</u>
 - BA or Master's level degree (depending on local jurisdictional requirements) and certification by the local jurisdiction's regulatory body.
 - Substance Abuse Services Clinical Supervisors
 - Master's level degree and, if applicable in the jurisdiction, certification to supervise substance abuse counselors by the local jurisdiction's regulatory body.
- Substance Abuse Services supervisors must conduct quarterly record reviews of each substance abuse counselor's patients' records to ensure a substantial number of the records adhere to standards of care.
- Substance Abuse counselors must be evaluated on core performance areas, core competencies and process documentations annually.
- Clinical supervision must occur at a minimum of one hour every month.

Substance abuse counselors or others who provide infectious disease education to patients in substance abuse counseling sessions must have completed one of the following curricula:

- HIV Facts and Fundamentals
- Jurisdiction-approved curricula
- CDC-approved curricula
- HRSA HAB-approved curricula

Each jurisdiction's regulatory body specifies the frequency for staff training.

IX. CLINICAL QUALITY MANAGEMENT

A continuous Clinical Quality Management Program for HIV patient care. Please refer to Policy Clarification Notice (PCN) #15-02 (updated 09/01/2020).

Every agency that provides Ryan White supported Substance Abuse services must develop and implement a <u>Quality Management (QM) Plan</u>. The QM Plan should be actively supported and guided by the formal agency leadership and senior administration, and appropriate resources should be committed to support continuous quality improvement activities. Agencies with multiple funded service categories must integrate the Substance Abuse QM Plan into their broader QM Plan and specifically address HIV-related services. The QM Plan must be in writing. At least once a year, the QM Plan must be reviewed and updated routinely by the QM committee. Staff from all levels of the agency, as well as patients should serve on the QM committee. Each member of the committee should be aware of the QM infrastructure. However, all agency staff regardless of their participation on the committee must understand their role in the agency's/program's quality improvement activities.

V. APPROVAL & SIGNATURES

This service standard has been reviewed and approved on July 28, 2021. The next annual review is July 28,2022.

Clover Barnes Division Chief Care and Treatment Division DC Health/HAHSTA

Sarcia Adkins Community Co-Chair Washington DC Regional Planning Commission on Health and HIV (COHAH)