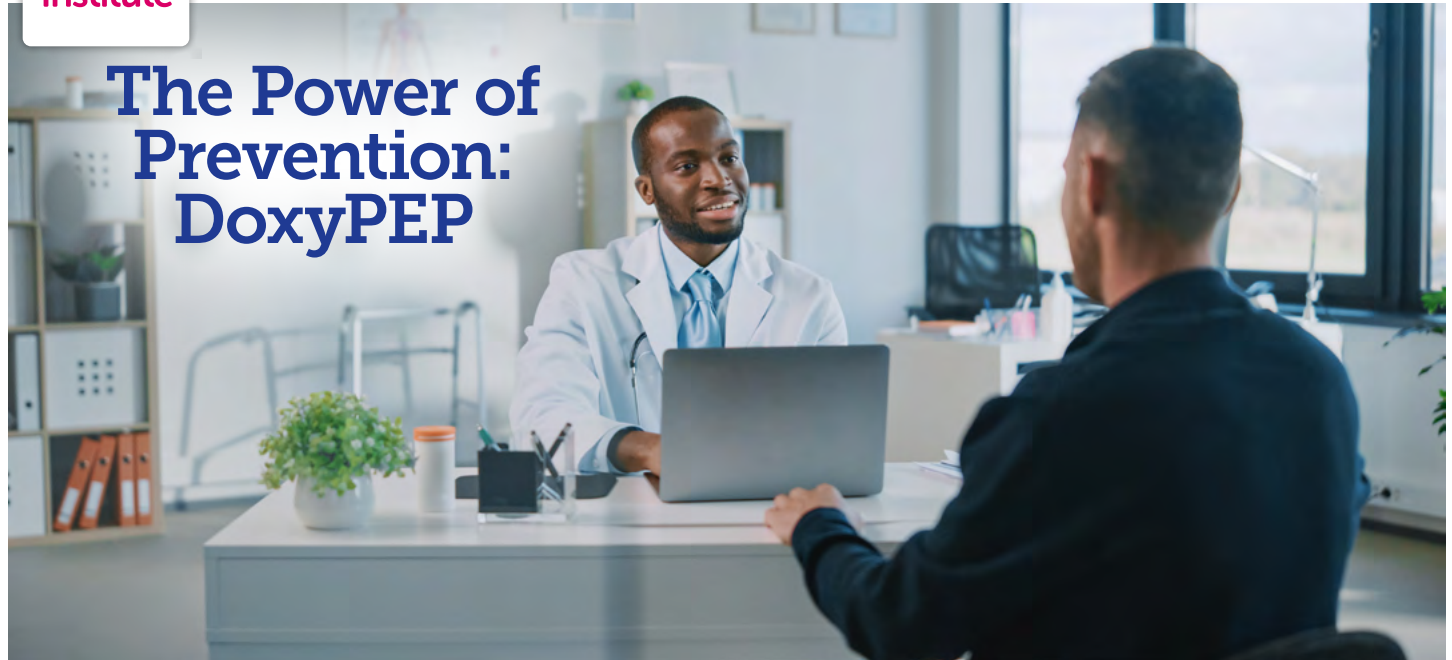


The Power of Prevention: DoxyPEP



Is DoxyPEP right for you?

Doxycycline post-exposure prophylaxis, called DoxyPEP, is a medication that can help prevent three common sexually transmitted infections (STIs): chlamydia, gonorrhea, and syphilis. This resource will explain DoxyPEP, its use, and other important information needed to determine if it's right for you.

What is DoxyPEP?

DoxyPEP is a medication taken within 72 hours (3 days) after sex that may have exposed you to bacterial STIs such as chlamydia, gonorrhea, and syphilis.

What are bacterial STIs?

While most bacteria are harmless, some can create illness or infection. Bacterial STIs are sexually transmitted from person to person through contact with body fluids.

Who can use DoxyPEP?

DoxyPEP is recommended for:

- ▶ Men who have sex with men and transgender women who've had an STI before.
- ▶ People who have sex with multiple partners or anonymously.
- ▶ People who have been sexually assaulted.
- ▶ People who have condomless sex.

DoxyPEP is not currently recommended for women, heterosexual men, or transgender men.

How does DoxyPEP work?

DoxyPEP is taken within 72 hours (3 days) after sex and works best when taken within 24 hours (1 day). You only take DoxyPEP when needed, not every day. It helps protect against some infections caused by bacteria, but it doesn't stop viruses like HIV, MPox, herpes, or human papillomavirus (HPV).

Important things to know:

- ▶ DoxyPEP helps prevent only some STIs.
- ▶ Most people don't have side effects from DoxyPEP.
- ▶ Using DoxyPEP is not a replacement for using condoms. Condoms are still important for staying safe!

How can I get DoxyPEP?

Any medical provider can prescribe DoxyPEP. Ask your provider if DoxyPEP is an option for you.

REFERENCE

1. Centers for Disease Control and Prevention. (2024, June 4). CDC clinical guidelines on the use of doxycycline postexposure prophylaxis for bacterial sexually transmitted infection prevention, United States, 2024. Centers for Disease Control and Prevention. https://www.cdc.gov/mmwr/volumes/73/rr/rr7302a1.htm?s_cid=rr7302a1_w

ABOUT THIS SERIES

The Effi Barry Training Institute (EBTI), led by HealthHIV, provides capacity building assistance to HIV service providers, community organizations, and public health professionals in DC to advance equitable HIV prevention and care. The EBTI provides resources to support program implementation, workforce development, and community engagement.

The Power of Prevention: Community Strategies for Safer Sexual Health Series showcases groundbreaking strategies redefining the HIV prevention landscape.

This series offers DC residents clear, accessible information to take charge of their sexual health and stay protected.

This community-focused series is designed to educate and empower communities in DC with the knowledge and resources to support their wellness journey.

Need support or a clinic near you?

Scan this QR code to connect instantly with resources at dcendshiv.org. Help is here when you're ready.

